



7 (iv)

**Working Group for Older People (WGOP)  
ANNUAL GENERAL MEETING  
Tuesday 18<sup>th</sup> November 2014**

**Present:** Val Bishop (Acting Chairman & Secretary), Gay Huggins (Treasurer), Wendy Hull (SB Ward Rep).  
Cllr Glenise Morgan, Andrew McGrath (BCC NP Area Supervisor)..

**Apologies:** Sue Boyd, Helen Furber.

**Notes from AGM held on 11<sup>th</sup> December 2013:** Agreed.

**Matters Arising:** Glenise asked when the insurance was due for renewal. Sue had passed the renewal papers to Gay and she had paid the insurance for a further year at the same price as last year.

**Acting Chairman's Report:** The Group has continued to achieve its priorities despite the ill health of Committee members and family illness commitments during the past year. Sue Boyd, the group's chairman, was taken seriously ill in March and this led to her resigning as chairman during the year. Our subsequent meetings had a partial group attendance but we have managed to carry out planned events. When we met in September it was agreed that Val Bishop would be appointed as temporary chairman until the AGM took place

We had been working over the previous year, together with LinkAge, to produce a booklet outlining activities for the Over 55s in our NP3 area. This was a major piece of work for WGOP. The group sourced all the information, took photographs and created a map of the various venues to be included in the booklet. Fortunately, it was sponsored by Wiltshire Farm Foods on this occasion. It was eventually signed off and ready for print by LinkAge in February and 1,000 copies were available for distribution from the beginning of April. Members of the group circulated them in the three NP Wards. LinkAge is now out of stock of our Activities Booklet and we are waiting to see if sponsorship can again be found to reprint a further version. Alternatively, we could fund this through our recent Well Being Grant. In the meantime, the group is looking at any possible amendments/additions to the existing publication.

Our first planned Pick-Me-Up visit was to Chew Valley with lunch at Woodford Lodge. Following a site visit, the outing took place on the 7<sup>th</sup> May. As this trip proved to be very popular and was over-subscribed, a repeat trip was organised for the 23<sup>rd</sup> July when three 16-seater buses were filled. The group discussed and compared the expense of using "Dial-A-Ride" (DAR) against alternative organisations, and we did consider training a couple of husbands to be volunteer drivers, but in the end it was decided that DAR fitted our criteria best, and we decided to stick to using them in future. Both trips were much enjoyed by all, and many congratulations were received from those who came. "You cannot imagine what pleasure these trips give us" to quote just one.

The last trip of the year has been planned for the 10<sup>th</sup> December when we shall visit Cadbury Garden Centre for a Festive Lunch (and shopping!).

Future plans and venues for our meetings have been discussed. We now meet at the Eastfield Inn, usually in the afternoon and the dates of our meetings can be found on the website. Time has been spent reviewing the past, present and future priorities of the group in readiness for the Partnership Open Day and papers were

prepared to submit to the Partnership Meeting (held on 15th November). A presentation was prepared if time permitted to give an explanation of WGOP's reasons for the defined priorities, but unfortunately there was insufficient time to do this. This presentation is attached to these notes for information.

We look forward to a healthier year for us all.

Val Bishop – Acting Chairman

**Treasurer's Report:** Gay Huggins had produced a statement of account as at the 15<sup>th</sup> November 2014 showing a balance of £211.94. It was adopted as a true balance of our account. The buses expenditure shown was a deposit for our next trip to Cadbury. Val, Gay and Sue will remain as signatories on cheques.

**Election of Officers:** Val Bishop was elected as Chairman (proposed by Wendy, seconded by Glenise) and approved by all. She asked Andrew what would happen if she stood down as a Ward Representative of the NP, and he confirmed that it would not make any difference. Gay was happy to continue as Treasurer and agreed to take on the role of Secretary as well. The existing Officers were happy to stand again and were re-elected en bloc.

**Any Other Business:** None.

There being no other business, the AGM was declared closed.



**Working Group for Older People (WGOP)**  
**Notes on meeting held on Tuesday 18<sup>th</sup> November 2014**

**Present:** Val Bishop (Chairman), Gay Huggins (Treasurer/Secretary), Wendy Hull (SB Ward Rep), Cllr Glenise Morgan and Andrew McGrath (BCC – NP Area Supervisor)

**Apologies:** Sue Boyd, Helen Furber.

**Notes from 15<sup>th</sup> October 2014:** Agreed.

**Matters Arising:** Val wished to point out that, although some NP reps had asked for all meetings to be held in the evenings, when this group had been formed, meetings had been held in the evenings. However, it was felt that this precluded the very people we were trying to reach as they do not go out in the evenings, and a definite decision had been made to meet in the daytime. This would enable our users to attend. We agreed to continue to meet during the day.

**Treasurer's Report:** Gay had at last received the £3,000 Well Being Grant funding (agreed in June!) and it was in our account. She had paid the renewal of the insurance of £157.50 and the cost of the advertisement of our next trip to Cadbury in the Bristol Nine Magazine of £180. She had banked all cheques received to date for the trip, totalling £680. Glenise had found some details of the St Monica Trust Community Fund which it was agreed to investigate. Gay would make contact.

**Cadbury Garden Centre Trip – 10<sup>th</sup> December:** So far, 36 had signed up for the trip. Maximum number on the buses was 41 to include 3 volunteers. Wendy agreed to organise the quiz and Gay would get a prize. Lunch would be at 12.45pm. Gay would confirm arrangements with Cadbury and everyone with bus routes, etc nearer the date.

**Report on NP Open Day – 15<sup>th</sup> November:** Sue had produced a review which she had been unable to present at the Open Day, and it was agreed that this would be attached to the Notes of the AGM and these Notes for publication for the NP Forum. Gay would email them to Andrew.

**Booklet:** It was agreed we would all look at our entries in the booklet, so that it can be updated, and alternative entries ready for inclusion, in time for the next meeting in January.

**Future Dates of Meetings:** The following dates were proposed for the 2015 calendar:-

14<sup>th</sup> January, 25<sup>th</sup> February, 15<sup>th</sup> April and 20<sup>th</sup> May.

This group did generally hold more meetings than any other NP group but it was dependent on the activities it was organising.

**Future Ideas:** After discussion, and as Cllr Alastair Watson was Lord Mayor, it was agreed that Glenise would investigate whether a visit to the Mansion House for tea and cake could be arranged. She would contact the Secretary, Tessa, for a date, either February, April or May. Dependent on this, it was suggested to hold a “Come for Tea” afternoon and venues would be the Eastfield Inn for Henleaze, and Venue 35 for Westbury-on-Trym and Stoke Bishop. This would probably be held in April, 2.30 for 3pm.

Gay also suggested we tried the questionnaire again. Val and Glenise were keen to do another Festival if it was not so big. This could be linked to the Celebrating Age Festival, who could help with funding. Possibly at the beginning of October. Gay mentioned “The Greedy Goose”, at Gatcombe Farm, Long Ashton, as a possible venue for a future trip.

**Any other business:** None.

**Date of Next Meeting:** Wednesday 14<sup>th</sup> January 2015 at 2pm at the Eastfield Inn.

WORKING GROUP FOR OLDER PEOPLE  
REVIEW - NOV. 2014

## Working group for Older people - Now



**1. AIM:** To promote the Health, Well-being and quality of life of older people in N.P.3, especially those who feel lonely or isolated.

The WGOP felt it was important to take time to review what has already been achieved by this group during the last 4 years, to assess where we are now and how we wish to move forward.

**2. CONTEXT:** The WGOP was formed in June 2010 when our N.P was offered £1,500 per ward by BCC's Social Care Strategy to be spent on 'Promoting the Health & Wellbeing of Older People From a questionnaire completed by 95 older people' the priority areas identified were:

### **3. PRIORITY AREAS IDENTIFIED**

Focussed very much on help with transport including trips out and Environmental issues such as more benches, repair of pavements. Also a leaflet on the activities & facilities for older people.

Trips & outings = 19

and for those that can walk -

Establishment of a Walking Group = 17

(More Benches = 17

(Help with transport = 15

(A leaflet on the activities & facilities for older people = 14

(Other popular areas included a Film show = 12, Computer classes, Exercise classes = 9

**TARGET GROUP** From the feedback it was clear that whilst many of the active older people were well catered for, the group needing the most support were those who were having problems using public transport and feeling lonely and isolated.

**4. FORMALISE THE WGOP;** We formalised our group with a Constitution & Bank Account and also set out our Strategy, with clear aims, objectives, actions and outcomes. + we now have insurance also.

## **5& 6. COMMUNICATIONS**

We have worked hard in this area spending a great of time & energy, building up contacts and local a network

Also liaison with contacts such as Dial-a-Ride, Link Age, Bristol Older person's Forum.

## **7. DATABASES OF CONTACTS**

3 main areas :

<u>O.P. Priority</u>	<u>Activities</u>	<u>All other</u>
<u>Group</u>	<u>&amp; Facilities</u>	<u>contacts</u>

## **7. RESOURCING**

a. WGOP: We are currently a Committee of 5. Unfortunately this last year we have been rather depleted at different times due to illness.

b. Volunteers - we have had good liaison with other groups such as Link Age and they have brought along some excellent younger volunteers from Badminton School (*inter-generational - i.e ran the Café and helped with ping pong and other activities at North Bristol Festival of AGE.* Also staff from Waitrose etc.

c. Fund Raising - overall about £10,000 from various sources + also in kind (Costco)

**8. PUBLICITY:** WGOP has established of good contacts in this area. (see list). The WGOP Committee have established contacts within their own wards.

## **9.PROJECTS COMPLETED:**

PICK -me -up ACTIVITIES:

a. Have gone on 12 trips altogether - (door to door collection and lots of fun)- quite different from Dial-a-rides own trips)

b. Set up a Walking group; (over 80 people turned up on first day. The group now averages over 30 per week.

c. Sponsorship of 2 maps focussed on older people and also

d. established more benches in Henleaze and WOT

e. Set up 'North Bristol Festival of Age': an enormous undertaking

but very successful with 400 -500 attenders & 35 organisations taking part. + spin offs - new classes formed.

f. Produced a Booklet of some 42 local Activities = 1,000 copies

# Working group for Older people - Future



## **WORKING GROUP FOR OLDER PEOPLE - THE FUTURE - 2015**

So in view of what has been completed - what about the future? Generally continuing what we are already doing. but only possible with sufficient resources and back up.

### **1. FOCUS ON OUR IDENTIFIED PRIORITY GROUP OF OLDER PEOPLE**

We can't be all things to all older people so we do need to be boundaried in what we do. Need to take into account of the rising no of elderly people, particularly the over 85's who are likely to be more frail and in need of support. (Westbury and Henleaze - highest no in Bristol.

### **2. IDENTIFY NEEDS**

Continue to try to identify the needs of this group through consultation, feedback and another questionnaire.

### **3 & 4 INCREASE ALL COMMUNICATIONS & DATABASES**

Continue to spend time liaising with other organisations and widening our network. Increase publicity of the WGOP and all projects.

### **\*\*\*\*5. RESOURCES This area does need to be focussed on**

Need to promote WGOP

Need to recruit more volunteers + we would particularly welcome more Committee members to come on board.

Also need to continue to seek sources of Funding whether through the N.P. or elsewhere.

### **5. IDENTIFY & PRIORITISE 3 PROJECTS FOR 2015**

We would like to put on another North Bristol Festival of Age - which in many ways was our most successful project - but on smaller scale!

Booklet of Local Activities - updated and re-printed - 1 per annum

Pick-me-up Activities - 2 trips this coming year

**6. PROMOTE & INFLUENCE CURRENT ISSUES where we can and have a voice on behalf of Older People through the N.P and elsewhere.**

**In spite of the difficulties and the size of the task we do welcome new opportunities:-**

**7. IDENTIFY NEW OPPORTUNITIES:**

**More national and local focus on supporting this priority group**

**'Bristol Aging Better' (led by Age UK - lottery funding to create programmes0.**

**& Bristol's Health & Wellbeing Board' who have listed mental health & social isolation as one of their strategic priorities.**

**MEETINGS -Dates & TIMINGS:**

**These have been agreed as follows:-**

**14<sup>th</sup> January 2015, 25<sup>th</sup> February 2015, 15<sup>th</sup> April 2015 and 20<sup>th</sup> May 2015. All to be held at 2pm in the Eastfield Inn. These are subject to possible change, depending on our activities.**