



## Agenda item 7 (iii)

### Working Group for Older People (WGOP)

This Working Group aims to promote the health, wellbeing and quality of life of older people within the NP area.

#### **'Pick-Me-Up Activities'**

These activities are for those people who have difficulty using public transport and who may feel isolated:

**(1) Visit to the Mansion House:** The visit to have tea with the Lady Mayoress in the Mansion House on March 4th was a great success. On the way to the Mansion House we made a detour via the circular road on the Downs to enjoy the view and learn more about the history and wildlife in this area. At the Mansion House we were greeted warmly by the Lady Mayoress and enjoyed tea and biscuits whilst listening to a variety of music from an accomplished pianist. We also listened to a short history of the Mansion House and its Mayors and were then free to wander around the house and appreciate all its splendour.

**(2) Visit to Weston-Super-Mare:** Our next planned trip is on Wednesday 29 July to Weston-Super-Mare; giving an opportunity to stroll along the promenade, visit the Grand Pier and have lunch in the Winter Gardens. Contribution towards the cost (which includes lunch) is £20. **If you wish to attend, please contact Gay Huggins; Tel 0117 9685813.**

**Local Activities Booklet** - The WGOP is currently preparing an updated version of this illustrated booklet outlining the activities for the over 55's in Henleaze, Westbury and Stoke Bishop ready for printing. It is expected to be ready in August. We are grateful to 'St. Monica's Community Fund' for their donation of £500 towards the printing costs.

**Next meeting of WGOP:** Monday 8 June, 5.15pm at the Westbury-on-Trym Library.

**The WGOP welcomes volunteers** who may be willing to help with this group in any way. Please contact Val Bishop, Sue Boyd, Gay Huggins Glenise Morgan, or Wendy Hull through Andrew McGrath, Neighbourhood Partnership Coordinator, Tel 9036436.