



# Environmental Impact Assessment [version 1.0]

<b>Proposal title:</b> Commissioning of Targeted Healthy Weight Service for Adults, Families and Children		
<b>Project stage and type:</b> <input type="checkbox"/> Initial Idea Mandate <input type="checkbox"/> Outline Business Case <input checked="" type="checkbox"/> Full Business Case		
<input type="checkbox"/> Policy <input type="checkbox"/> Strategy <input type="checkbox"/> Function <input checked="" type="checkbox"/> Service <input type="checkbox"/> Other [please state]	<input type="checkbox"/> New <input checked="" type="checkbox"/> Already exists / review	<input type="checkbox"/> Changing
<b>Directorate:</b> Public Health and Communities	<b>Lead Officer name:</b> Grace Davies	
<b>Service Area:</b> Public Health	<b>Lead Officer role:</b> Public Health Principle	

## Step 1: What do we want to do?

The purpose of this Environmental Impact Assessment is to help you develop your proposal in a way that is compliant with the council's policies and supports the council's strategic objectives under the [One City Climate Strategy](#), the [One City Ecological Emergency Strategy](#) and the latest [Corporate Strategy](#).

This assessment should be started at the beginning of the project proposal process by someone with a good knowledge of the project, the service area that will deliver it, and sufficient influence over the proposal to make changes as needed.

It is good practice to take a team approach to completing the Environmental Impact Assessment. See further [guidance](#) on completing this document. Please email [environmental.performance@bristol.gov.uk](mailto:environmental.performance@bristol.gov.uk) early for advice and feedback.

### 1.1 What are the aims and objectives/purpose of this proposal?

Briefly explain the purpose of the proposal and why it is needed. Please use plain English, avoiding jargon and acronyms.

The contract for our current healthy weight service ends in March 2026. This proposal seeks delegated authority to procure and award a contract for targeted healthy weight service provision.

The current service has delivered a range of targeted services to adults and families in Bristol over the last 2 years and have provided expert training and support to the School Health Nursing Service and other multi-agency professionals.

Data shows that 60% of adults and families who enrolled went on to complete the programmes and achieve meaningful weight loss of between -0.2 and -0.5 change in BMI (2023 service data). Further behaviour change outputs from participants attending programmes also demonstrated increases in cooking confidence, increases in portions of fruit/veg consumed and improved mental wellbeing.

They have also worked with some higher risk minority ethnic groups to gain insight and understanding of the health needs, wants and lived experience to support the co-design of services with communities and partners.

#### Aim

The proposal aims to build on the experience and learning from our current healthy weight service to set up a longer-term, sustainable and innovative targeted weight management offer across Bristol. The service will provide a range of appropriate support for children and young people, families and adults.

The ultimate ambition is enabling communities to work alongside a healthy weight services provider to fully participate in future service delivery, adopting an asset-based systems and community development approach.

## 1.2 Will the proposal have an environmental impact?

Could the proposal have either a positive or negative effects for the environment now or in the future? If 'No' explain why you are sure there will be no environmental impact, then skip steps 2-3 and request review by sending this form to [environmental.performance@bristol.gov.uk](mailto:environmental.performance@bristol.gov.uk)

If 'Yes' complete the rest of this assessment.

<input checked="" type="checkbox"/> <b>Yes</b>	<input type="checkbox"/> <b>No</b>	[please select]
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## 1.3 If the proposal is part of an options appraisal, has the environmental impact of each option been assessed and included in the recommendation-making process?

If 'Yes' please ensure that the details of the environmental impacts of each option are made clear in the pros and cons section of the [project management options appraisal document](#).

<input type="checkbox"/> <b>Yes</b>	<input type="checkbox"/> <b>No</b>	<input checked="" type="checkbox"/> <b>Not applicable</b>	[please select]
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If 'No' explain why environmental impacts have not been considered as part of the options appraisal process.

N/A
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## Step 2: What kinds of environmental impacts might the project have?

Analysis of impacts must be rigorous. Please demonstrate your analysis of any impacts of the proposal in this section, referring to evidence you have gathered. See detailed [guidance documents](#) for advice on identifying potential impacts.

### Does the proposal create any benefits for the environment, or have any adverse impacts?

Outline any potential benefits of the proposal and how they can be maximised. Identify how the proposal will support our corporate environmental objectives and the wider [One City Climate and Ecological Emergency strategies](#).

Consider how the proposal creates environmental impacts in the following categories, both now and in the future.

**Reasonable efforts should be made to quantify stated benefit or adverse impacts wherever possible.**

Where the proposal is likely to have a beneficial impact, consider what actions would enhance those impacts. Where the proposal is likely to have a harmful impact, consider whether actions would mitigate these impacts.

Enhancements or mitigation actions are only required when there is a likely impact identified. Remember that where enhancements or mitigation actions are listed, they should be assigned to staff and appropriately resourced.

<b>GENERAL COMMENTS</b> (highlight any potential issues that might impact all or many categories)
The environmental impacts of the healthy weight service are largely indirect through encouraging residents to live healthier lifestyles, such as partaking in more active travel to be more physically active and making healthier food choices (which tend to be lower in carbon).

<p><b>ENV1 Carbon neutral: Emissions of climate changing gases</b></p> <p>BCC has committed to achieving net zero emissions for its direct activities by 2025, and to support the city in achieving net zero by 2030.</p> <p>Will the proposal involve transport, or the use of energy in buildings? Will the proposal involve the purchase of goods or services? If the answer is yes to either of these questions, there will be a carbon impact.</p> <p>Consider the scale and timeframe of the impact, particularly if the proposal will lead to ongoing emissions beyond the 2025 and 2030 target dates.</p> <p><a href="#">Further guidance</a></p> <p><input type="checkbox"/> No impact</p>	Benefits	<p>There will be indirect emissions reductions through encouraging healthier lifestyles, including:</p> <ul style="list-style-type: none"> <li>- active travel e.g. walking and cycling</li> <li>- healthier food choices and diets (which tend to be lower in carbon)</li> </ul>
	Enhancing actions	
	Persistence of effects: <input type="checkbox"/> 1 year or less <input type="checkbox"/> 1 – 5 years <input checked="" type="checkbox"/> 5+ years	
	Adverse impacts	Participants may be required to travel to attend the service.
	Mitigating actions	Many services are virtual and available online, reducing travel.
Persistence of effects: <input type="checkbox"/> 1 year or less <input type="checkbox"/> 1 – 5 years <input checked="" type="checkbox"/> 5+ years		
<p><b>ENV2 Ecological recovery: Wildlife and habitats</b></p> <p>BCC has committed to 30% of its land being managed for nature and to halve its use of pesticides by 2030.</p> <p>Consider how your proposal can support increased space for nature, reduced use of pesticides, reduce pollution to waterways, and reduce consumption of products that undermine ecosystems around the world.</p> <p>If your proposal will directly lead to a reduction in habitat within Bristol, then consider how your proposed</p>	Benefits	
	Enhancing actions	
	Persistence of effects: <input type="checkbox"/> 1 year or less <input type="checkbox"/> 1 – 5 years <input type="checkbox"/> 5+ years	
	Adverse impacts	

<p>mitigation can lead to a biodiversity net gain. Be sure to refer to quantifiable changes wherever possible.</p> <p><a href="#">Further guidance</a></p> <p><input checked="" type="checkbox"/> No impact</p>	<p>Mitigating actions</p>	
<p>Persistence of effects: <input type="checkbox"/> 1 year or less <input type="checkbox"/> 1 – 5 years <input type="checkbox"/> 5+ years</p>		
<p><b>ENV3 A cleaner, low-waste city: Consumption of resources and generation of waste</b></p> <p>Consider what resources will be used as a result of the proposal, how they can be minimised or swapped for less impactful ones, where they will be sourced from, and what will happen to any waste generated</p> <p><a href="#">Further guidance</a></p> <p><input checked="" type="checkbox"/> No impact</p>	<p>Benefits</p>	
<p>Consider what resources will be used as a result of the proposal, how they can be minimised or swapped for less impactful ones, where they will be sourced from, and what will happen to any waste generated</p>	<p>Enhancing actions</p>	
<p>Persistence of effects: <input type="checkbox"/> 1 year or less <input type="checkbox"/> 1 – 5 years <input type="checkbox"/> 5+ years</p>		
<p>Consider what resources will be used as a result of the proposal, how they can be minimised or swapped for less impactful ones, where they will be sourced from, and what will happen to any waste generated</p>	<p>Adverse impacts</p>	
<p><a href="#">Further guidance</a></p> <p><input checked="" type="checkbox"/> No impact</p>	<p>Mitigating actions</p>	
<p>Persistence of effects: <input type="checkbox"/> 1 year or less <input type="checkbox"/> 1 – 5 years <input type="checkbox"/> 5+ years</p>		
<p><b>ENV4 Climate resilience: Bristol’s resilience to the effects of climate change</b></p> <p>Bristol’s climate is already changing, and increasingly frequent instances of extreme weather will become more likely over time.</p> <p>Consider how the proposal will perform during periods of extreme weather (particularly heat and flooding).</p> <p>Consider if the proposal will reduce or increase risk to</p>	<p>Benefits</p>	<p>The service aims to improve the health of residents and reduce prevalence of excess weight and obesity. This could contribute to improved climate resilience through reduction of prevalence of health conditions which increase resident’s vulnerability to extreme heat. The service also targets specific population groups and geographical areas to reduce health inequalities, who may also be more vulnerable to the effects of climate change.</p>
<p>Consider how the proposal will perform during periods of extreme weather (particularly heat and flooding).</p>	<p>Enhancing actions</p>	
<p>Persistence of effects: <input type="checkbox"/> 1 year or less <input type="checkbox"/> 1 – 5 years <input checked="" type="checkbox"/> 5+ years</p>		
<p>Consider if the proposal will reduce or increase risk to</p>	<p>Adverse impacts</p>	

people and assets during extreme weather events.  <a href="#">Further guidance</a> <input checked="" type="checkbox"/> No impact	<b>Mitigating actions</b>	
	<b>Persistence of effects:</b> <input type="checkbox"/> 1 year or less <input type="checkbox"/> 1 – 5 years <input type="checkbox"/> 5+ years	
<b>Statutory duty: Prevention of Pollution to air, water, or land</b>  Consider how the proposal will change the likelihood of pollution occurring to air, water, or land and what steps will be taken to prevent pollution occurring.  <a href="#">Further guidance</a> <input type="checkbox"/> No impact	<b>Benefits</b>	There will be indirect emissions reductions through encouraging active travel e.g. walking and cycling.
	<b>Enhancing actions</b>	We will ensure any venues used for the service are accessible by public transport and have local bicycle storage, and promote this information as part of joining instructions to encourage a reduction in car use.
	<b>Persistence of effects:</b> <input type="checkbox"/> 1 year or less <input type="checkbox"/> 1 – 5 years <input checked="" type="checkbox"/> 5+ years	
	<b>Adverse impacts</b>	Participants may be required to travel to attend the service.
	<b>Mitigating actions</b>	Many services are virtual and available online, reducing travel.
<b>Persistence of effects:</b> <input type="checkbox"/> 1 year or less <input type="checkbox"/> 1 – 5 years <input checked="" type="checkbox"/> 5+ years		

### Step 3: Action Plan

Use this section summarise and assign responsibility for any actions you have identified to improve data, enhance beneficial, or mitigate negative impacts. Actions identified in section two can be grouped together if named responsibility is under the same person.

This action plan should be updated at each stage of the project. Please be aware that the Sustainable City and Climate Change Service may use this action plan as an audit checklist during the project’s implementation or operation.

Enhancing / mitigating action required	Responsible Officer	Timescale
We will ensure any venues used for the service are accessible by public transport and have local bicycle storage, and promote this information as part of joining instructions to encourage a reduction in car use.	Adele Vowles / Elizabeth Le Breton	31/03/2026

### Step 4: Review

The Sustainable City and Climate Change Service need at least five working days to comment and feedback on your impact assessment. Assessments should only be marked as reviewed when they provide sufficient information for decision-makers on the environmental impact of the proposal.

Please seek feedback and review by emailing [environmental.performance@bristol.gov.uk](mailto:environmental.performance@bristol.gov.uk) before final submission of your decision pathway documentation<sup>1</sup>.

Where impacts identified in this assessment are deemed significant, they will be summarised here by the Sustainable City and Climate Change Service and must be included in the 'evidence base' section of the decision pathway cover sheet.

<b>Summary of significant beneficial impacts and opportunities to support the Climate, Ecological and Corporate Strategies (ENV1,2,3,4):</b>
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<b>Summary of significant adverse impacts and how they can be mitigated:</b>
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<b>Environmental Performance Team Reviewer:</b>	<b>Submitting author:</b>
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Daniel Shelton

Adele Mildon

**Date:**

07.06.2024

**Date:** 28.05.2024

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<sup>1</sup> Review by the Sustainable City and Climate Change Service confirms there is sufficient analysis for decision makers to consider the likely environmental impacts at this stage. This is not an endorsement or approval of the proposal.