

## Mental Health Working Group - summary of actions

### A Strategy for the City and Partnership Working;

- R1 - Develop a Mental Health Strategy for the city, including a focus on public mental health and wellbeing, and ask the Health & Wellbeing Board to consider this as a priority within its Strategy refresh process. The strategy should take into account other recent data and intelligence.
- R2 - Use the Mental Health Strategy as the mechanism to strengthen relationships with key partners including the Police and the Universities. One specific example was that the Health & Wellbeing Board should be asked to add representation from Avon & Somerset Constabulary to its membership.
- R3 - Bristol City Council to facilitate a mental health summit for Bristol to bring all key partners together to identify gaps in provision and opportunities for additional joined up working. This could take place on 10th October 16 to coincide with International Mental Health Day.
- R4 - Avon & Somerset Constabulary to be invited to work with Bristol City Council's scrutiny function to monitor the appropriateness of use of the S316 Suite (accommodation used for those admitted or detained on mental health grounds).
- R5 – A review of the support available for the voluntary sector to be undertaken to develop a whole city approach and link all partners together and maximize opportunities, particularly for those providing social prescribing services. Where new initiatives are successful best practice should be shared more effectively.

### Opportunities for the City Council

- R6 - Bristol City Council to use its influence to press for changes regarding national policy in respect of mental health by lobbying the government to introduce statutory Personal Social and Health (PHSE) teaching in schools.
- R7 - Schools to be encouraged to purchase the Jigsaw teaching resource (for PHSE) and work towards gaining the Mayor's Award for Excellence as a Health Improving School.
- R8 – The City Council's Overview and Scrutiny Management Board to be asked to make provision for scrutiny of mental health services city wide and across all related areas to take place at least annually. The holistic approach should include health and public health, but also other services such as planning, housing, pollution control and transport etc.
- R9 - The Mayor and elected Members to be asked to sign up to;
  - The Local Authority Mental Health Challenge (<http://www.mentalhealthchallenge.org.uk>) thus becoming a champion for mental health across the area; and
  - Time to Change (<http://www.time-to-change.org.uk>) which is the campaign to challenge mental health stigma and discrimination.
- R10 - Recognise the positive relationship between adult learning and mental health and recommend that the Learning City Partnership develop a targeted programme linking education, employment and training.

### Communication and Increasing Access to Services

- R11 – Renew approaches towards communication regarding mental health services across all providers, including web resources but should include traditional hard copies to reach all audiences.
- R12 – Develop a social prescribing pathway to enable residents to access services from voluntary and community groups, and promote the benefits amongst both potential service users and providers, including the Neighbourhood Partnership Wellbeing Grants Panels.
- R13 – Produce commissioning guidance for safe use of mindfulness for use in schools, workplaces and communities.