

**Mental Health Working Group Action Plan**

Updates for the People Scrutiny Commission – 27 03 17

Recommendation	Lead Officer (s)	Update
<b>A Strategy for the City and Partnership Working;</b>		
<p>R1 - Develop a Mental Health Strategy for the city, including a focus on public mental health and wellbeing, and ask the Health &amp; Wellbeing Board to consider this as a priority within its Strategy refresh process</p>	<p>Becky Pollard – Director of Public Health, Neighbourhoods</p>	<p>Public health are currently completing a joint strategic needs assessment on mental health. This will inform the development of a city wide strategy.</p> <p>The Health and Wellbeing Board have agreed to establish a working group to develop the Mental Health and Wellbeing Strategy. The strategy will be completed by November 2017. There will be an opportunity for the members of the People/Neighbourhoods Scrutiny Commission to input into its development.</p>
<p>R2 - Use the Mental Health Strategy as the mechanism to strengthen relationships with key partners including the Police and the Universities. One specific example was that the Health &amp; Wellbeing Board should be asked to add representation from Avon &amp; Somerset Constabulary to its membership</p>	<p>Becky Pollard – Director of Public Health, Neighbourhoods</p>	<p>Public health took a paper to the Health and Wellbeing Board and they have endorsed the approach to develop a mental health and wellbeing strategy for the city.</p> <p>This will strengthen the relationships with key partners. The membership of the Health and Wellbeing Board is under review.</p> <p>Public health have been strengthening relationships with the Universities through responding to the recent suicides.</p>
<p>R3 - Bristol City Council to facilitate a mental health summit for Bristol to bring all key partners together to identify gaps in provision and opportunities for additional joined up working. This could take place</p>	<p>Becky Pollard – Director of Public Health, Neighbourhoods</p>	<p>The mental health summit was held in November 2016. The date was changed from World Mental Health Day as there was a lot of activity already going on in Bristol. Over 70 people attended the event from a wide range of organisations across the city. The information gathered</p>

on 10th October 16 to coincide with International Mental Health Day		will contribute to the joint strategic needs assessment on mental health and the mental health strategy.
R4 - Avon & Somerset Constabulary to be invited to work with Bristol City Council's scrutiny function to monitor the appropriateness of use of the S316 Suite (accommodation used for those admitted or detained on mental health grounds)	Mike Hennessey, Service Director, Care, Support and Provision – Adults, People	Keith Pople, Director of Alexander to provide a presentation to the People Scrutiny Commission on the 27th March 2017.
R5 – A review of the support available for the voluntary sector to be undertaken to develop a whole city approach and link all partners together and maximise opportunities, particularly for those providing social prescribing services. Where new initiatives are successful best practice should be shared more effectively.	Mike Hennessey, Service Director, Care, Support and Provision – Adults, People	Linked to R11.  Information Advice and Guidance (IAG), Voluntary Sector Prospectus work located in better care.  Work ongoing  Further information at the People Scrutiny Commission on the 27 <sup>th</sup> March.
<b>Opportunities for the City Council</b>		
R6 - Bristol City Council to use its influence to press for changes regarding national policy in respect of mental health by lobbying the government to introduce statutory Personal Social and Health (PHSE) teaching in schools.	Paul Jacobs, Service Director –Education and Skills, People	The Mayor and the Police Crime Commissioner have jointly written to Government lobbying that PSHE is made compulsory. Last week (1st March), Government announced the Sex & Relationship Education would be made compulsory in all schools (including Academies)
R7 - Schools to be encouraged to purchase the Jigsaw teaching resource (for PHSE) and work towards gaining the Mayor's Award for Excellence as a Health Improving School.	Paul Jacobs, Service Director –Education and Skills, People	I believe that this resource has been promoted to schools through PSHE networks and Strategic briefings for Governors and Head teachers
R8 – The City Council's Overview and Scrutiny Management Board to be asked to make provision	For OSMB to consider	The item will be scheduled after the Mental Health& Wellbeing Strategy has been produced and implementation started.

<p>for scrutiny of mental health services city wide and across all related areas to take place at least annually (to include health and public health, but also other services such as planning, housing, pollution control and transport etc.).</p>		<p>An update on the Mental Health &amp; Wellbeing Strategy will be presented to a meeting of the People / Neighbourhoods Scrutiny Commission in 2017.</p>
<p>R9 - The Mayor and elected Members to be asked to sign up to;</p> <ul style="list-style-type: none"> <li>- The Local Authority Mental Health Challenge (<a href="http://www.mentalhealthchallenge.org.uk">http://www.mentalhealthchallenge.org.uk</a>) thus becoming a champion for mental health across the area; and</li> <li>- Time to Change (<a href="http://www.time-to-change.org.uk">http://www.time-to-change.org.uk</a>) which is the campaign to challenge mental health stigma and discrimination.</li> </ul>	<p>People Scrutiny Chair and Scrutiny Policy Advisors.</p>	<p>An email was sent to all Councillors and the Mayor providing the report and highlighting the recommendations.</p>
<p>R10 - Recognise the positive relationship between adult learning and mental health and recommend that the Learning City Partnership develop a targeted programme linking education, employment and training.</p>	<p>Paul Jacobs, Service Director –Education and Skills, People</p>	<p>Through the West of England Devolution work, Bristol has led on a bid for funding to pilot innovative ways of supporting adults with mental health challenges back into work.</p>
<p><b>Communication and Increasing Access to Services</b></p>		
<p>R11 – Renew approaches towards communication regarding mental health services across all providers, including web resources but should include traditional hard copies to reach all audiences.</p>	<p>Mike Hennessey, Service Director, Care, Support and Provision – Adults, People</p>	<p>See recommendation 5.</p>
<p>R12 – Develop a social prescribing pathway to enable residents to access services from voluntary and</p>	<p>Paul Jacobs, Service Director –Education</p>	<p>A social prescribing working group has been set up. This is chaired by public health. The working group have designed a social prescribing</p>

<p>community groups, and promote the benefits amongst both potential service users and providers, including the Neighbourhood Partnership Wellbeing Grants Panels.</p>	<p>and Skills, People &amp; Becky Pollard, Director of Public Health, Neighbourhoods</p>	<p>pathway and gained support from organisations across the city. A Memorandum of Understanding is being developed with a view to it being signed by partners including BCC, CCG and the voluntary sector. Social Prescribing continues in more deprived parts of city. Wellbeing grants have been discontinued.</p>
<p>R13 – Produce commissioning guidance for safe use of mindfulness for use in schools, workplaces and communities.</p>	<p>Paul Jacobs, Service Director –Education and Skills</p>	<p>Our Education Psychology team provide training and guidance for schools on the use of mindfulness with pupils and staff.</p>