

Suicide Prevention and Response

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Slide 1



Suicide Prevention

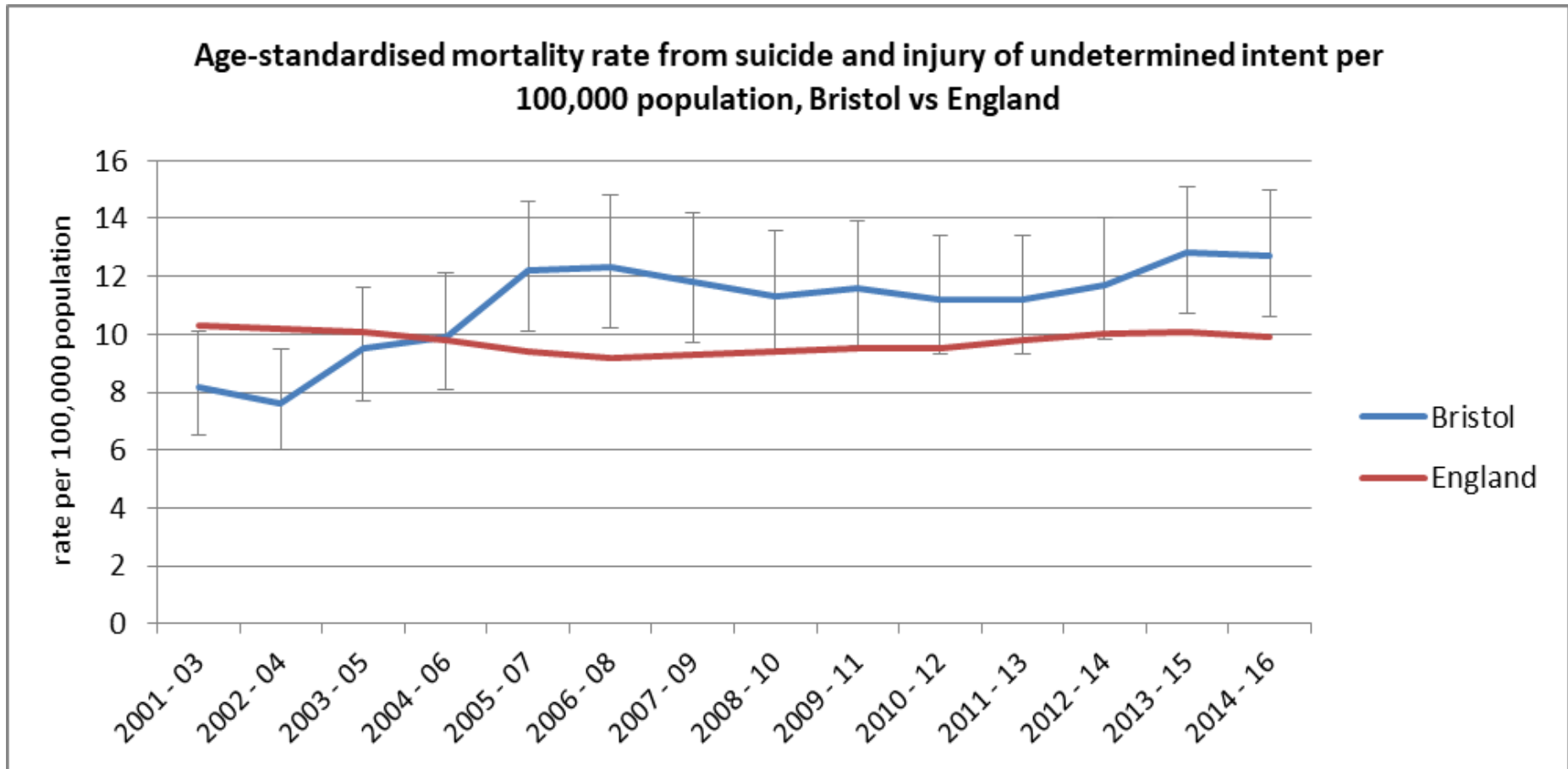
- Situation in Bristol – Joint Strategic Needs Assessment
- Suicide Prevention Action Group
- Thrive Bristol

Suicide rate in Bristol

- The current 3 year average suicide rate is 12.7 per 100,000
- On average there are 50 deaths per year in the city of Bristol
- 69% of the deaths are male
- The suicide rate for women is 7.4 per 100,000 (highest among the core cities)

Age-standardised mortality from suicide and injury of undetermined

and injury of undetermined



High risk groups

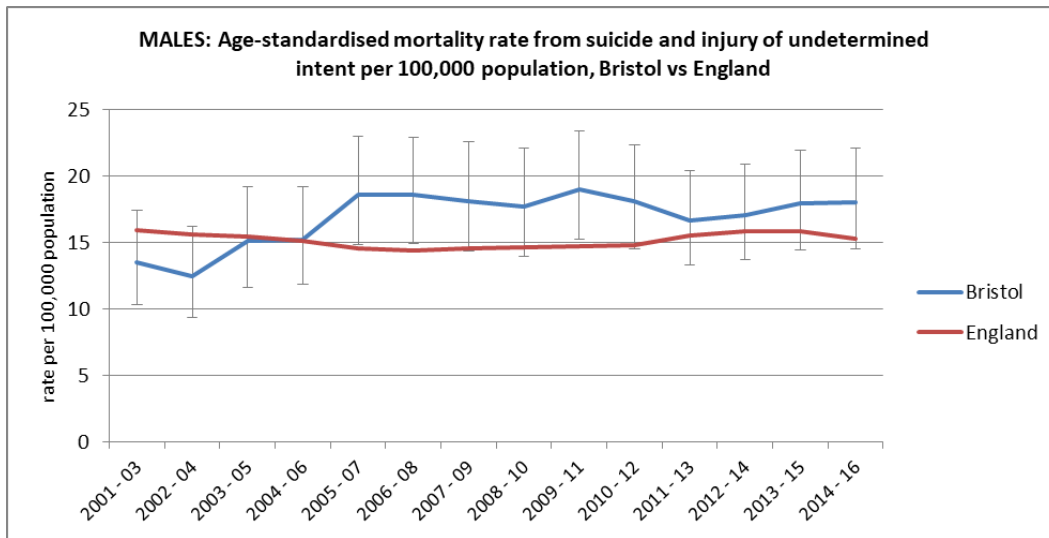
National

- Young and middle aged men
- People in the care of mental health services
- People with a history of self-harm
- People in contact with the criminal justice system
- Specific occupational groups

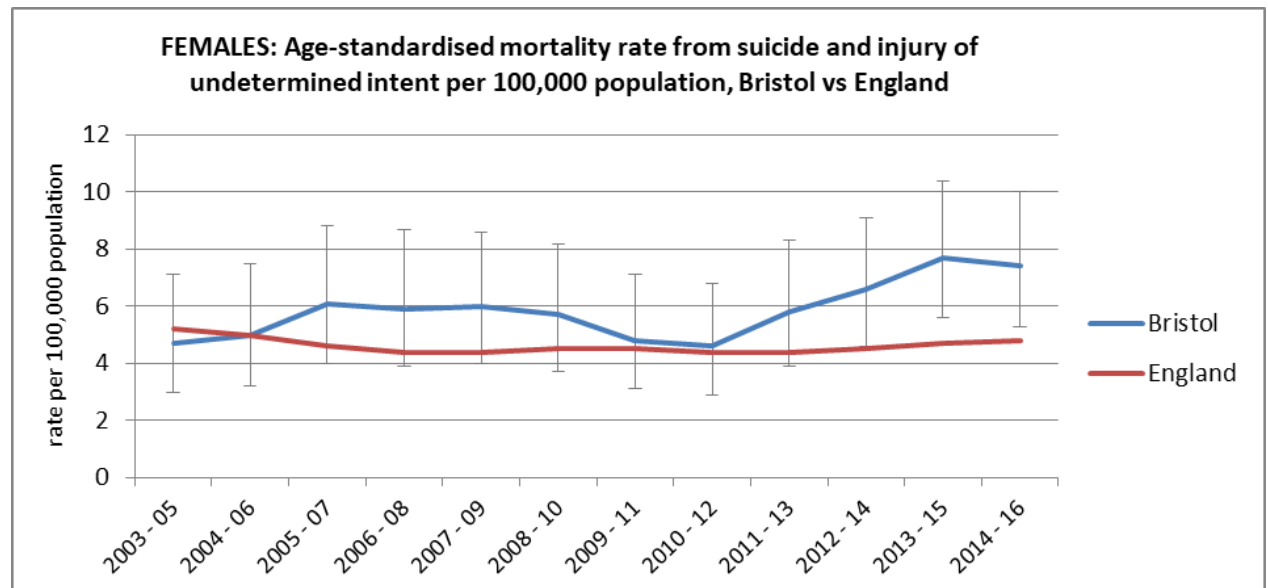
Avon

- Young and middle aged men
- People with a history of self-harm
- Offenders
- People in contact with mental health services
- 30-44 year old females

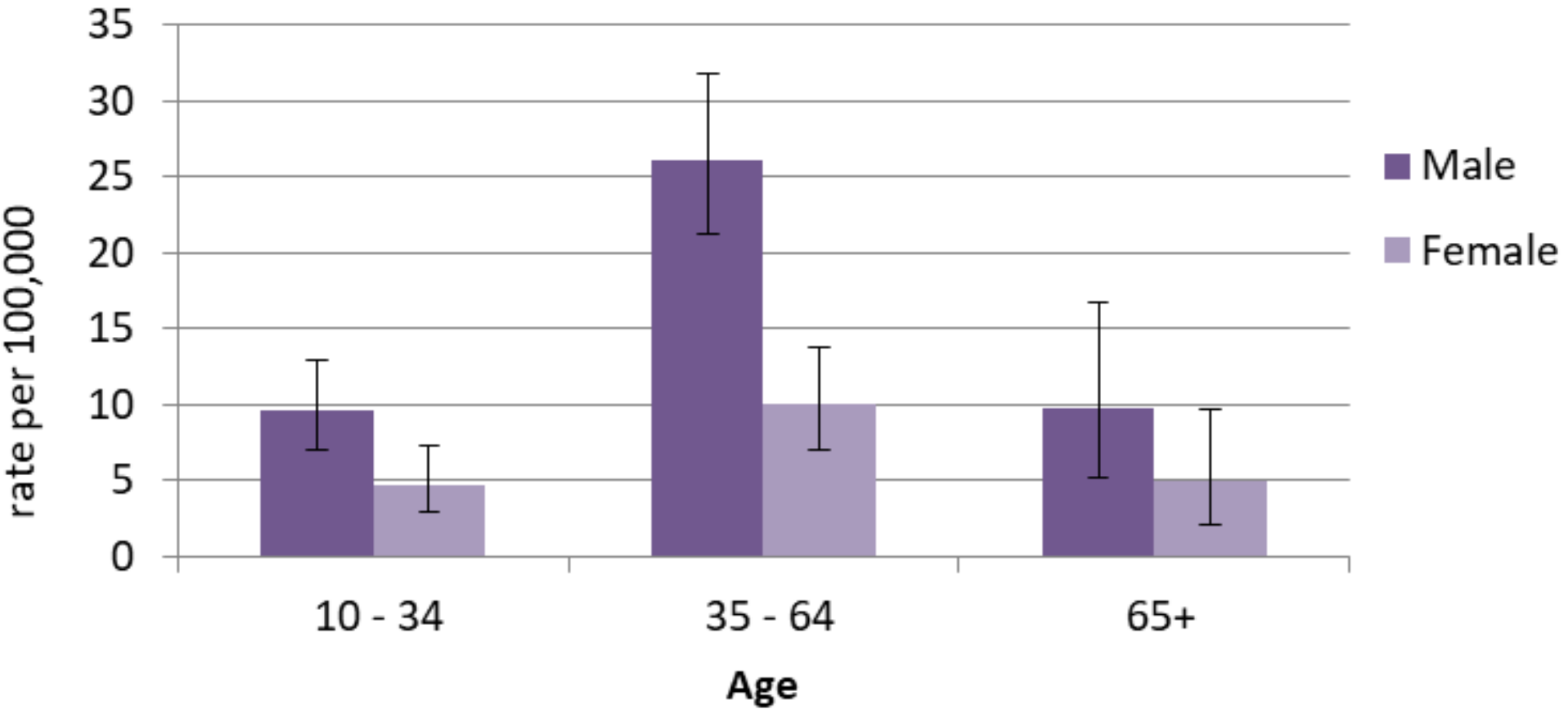
Males



Females



Deaths from suicide and injury of undetermined intent: crude rate per 100,000 by age group and gender, 5 year average 2013-2017, Bristol; 95% CI



Students

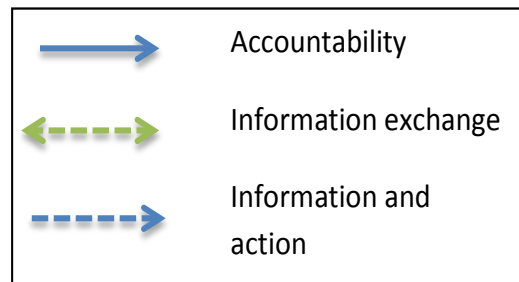
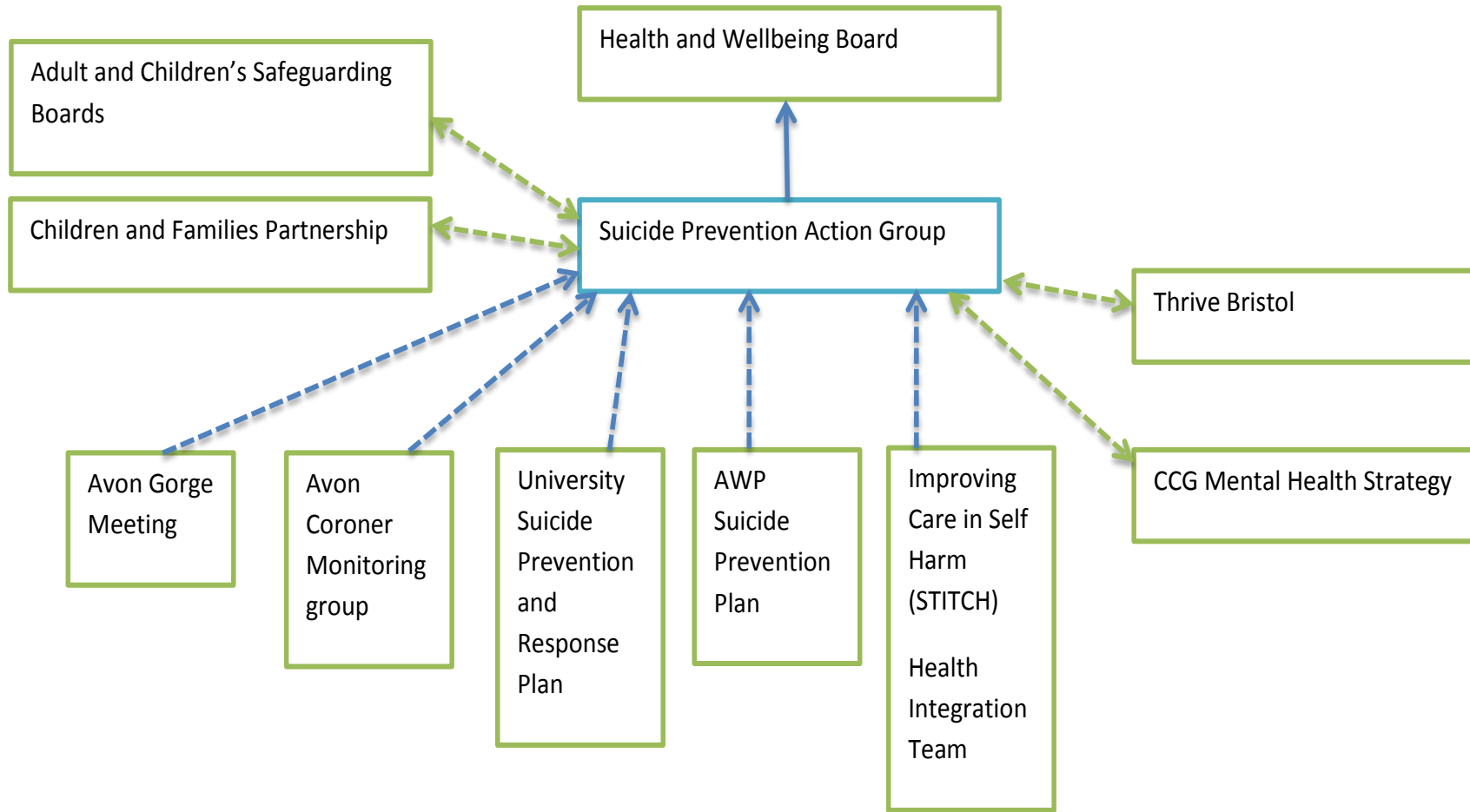
- 95 suicide deaths among higher education students in England and Wales in the 2016/17 academic year
- Between the 12 months ending July 2013 and the 12 months ending July 2016, higher education students in England and Wales had a significantly lower suicide rate compared with the general population of similar ages
- Male higher education students had a significantly higher rate of suicide compared to female

Suicide Prevention Action Group

- Ensure a Joint Strategic Needs Assessment is undertaken
- Produce a plan based on needs
- Ensure programmes are delivered to reduce the rate of suicide
- Co-ordinate relevant activity and monitor progress

Bristol Suicide Prevention Plan

- Reducing risk in specific groups e.g. men
- Supporting those bereaved by suicide
- Tailor approaches to improve mental health
Lesbian, gay bisexual and transgender people
- Reduce access to means
- Reduce the rates of self-harm
- Support local news media in reporting suicide and suicidal behaviour
- Build motivation and confidence in Bristol people to prevent and respond to suicide

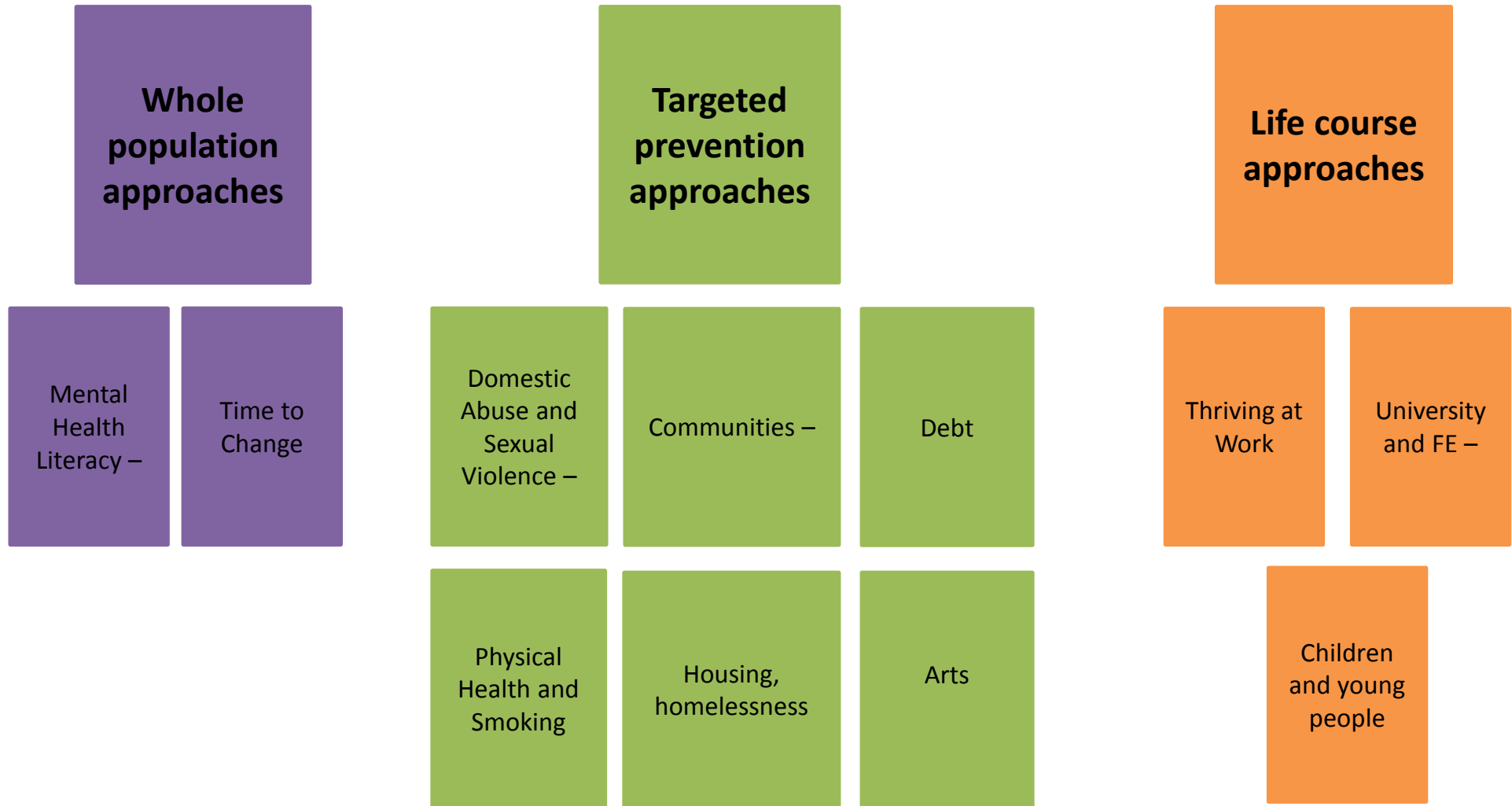


Thrive: Mentally Healthy City

- City wide population approach to improving mental health and wellbeing of everyone
- We all have mental health



Thrive Bristol Work Streams



All work streams aligned with city wide mental health strategies and work on ACEs, PIE and Suicide Prevention