

# Decision Pathway – Report



**PURPOSE:** For reference

**MEETING:** Cabinet

**DATE:** 05 November 2019

|  |   |  |  |
|--|---|--|--|
| <b>TITLE</b>   | <b>Alive Bristol and the Healthy Weight Declaration</b> |  |  |
| <b>Ward(s)</b>   | All wards   |  |  |
| <b>Author:</b> Mark Allen  | <b>Job title:</b> Senior Public Health Specialist       |  |  |
| <b>Cabinet lead:</b> Cllr Helen Godwin   | <b>Executive Director lead:</b> Dr Jacqui Jensen        |  |  |
| <b>Proposal origin:</b> <i>BCC Staff</i>   |   |  |  |
| <b>Decision maker:</b> Cabinet Member<br><b>Decision forum:</b> <i>Cabinet</i>   |   |  |  |
| <b>Purpose of Report:</b>  |   |  |  |
| <ol style="list-style-type: none"> <li>To gain approval for Bristol City Council to adopt the Local Authority Declaration on Healthy Weight by February 2020</li> <li>To provide information on the Alive Bristol healthy weight programme</li> <li>To gain approval from Bristol City Council Directors for their teams to work with Public Health on the Alive Bristol programme</li> </ol>  |   |  |  |
| <b>Evidence Base:</b>  |   |  |  |
| <ol style="list-style-type: none"> <li>A third of children and over half of adults in Bristol are overweight or obese. There are wide inequalities, for example adults in the 10% most deprived areas of the city are 2.5 times more likely to be obese than the 10% least deprived</li> <li>Obesity increases the risk of heart disease, stroke, type 2 diabetes, some cancers and depression</li> <li>There are huge financial costs to social care, the NHS and the wider economy</li> <li>Research indicates that structural and environmental changes can have the greatest impact on reducing inequalities</li> <li>Alive Bristol is our 'whole city' approach to healthy weight and will require collective action across the local authority, NHS, education settings, food businesses, leisure &amp; sport providers, workplaces and communities</li> <li>The Local Authority Declaration on Healthy Weight gains commitment to promoting healthy weight and implementing policies which influence the whole city. We are also seeking Partner Pledges from local NHS organisations</li> <li>Priorities include working with food businesses and public sector food procurement; influencing the built and natural environments; commissioning high quality leisure facilities and physical activity programmes; developing whole settings approaches for schools, early years, health and care settings; partnership with Feeding Bristol</li> </ol> |   |  |  |
| <b>Cabinet Member / Officer Recommendations:</b>   |   |  |  |
| <ol style="list-style-type: none"> <li>Bristol City Council to adopt the Local Authority Declaration on Healthy Weight by February 2020, committing to promoting healthy weight and implementing policies which influence the whole city</li> <li>Bristol City Council Directors to approve their teams working with Public Health on the Alive Bristol programme</li> </ol>   |   |  |  |
| <b>Corporate Strategy alignment:</b>   |   |  |  |
| Theme 4: Wellbeing   |   |  |  |
| <ol style="list-style-type: none"> <li>Embed health in all our policies to improve physical &amp; mental health and wellbeing, reducing inequalities and the demand for acute services</li> <li>Tackle food and fuel poverty</li> </ol>  |   |  |  |

**City Benefits:**

1. Reduce levels of overweight and obesity across the city
2. Reduce food poverty
3. Reduce inequalities in health e.g. between the most and least deprived areas of the city
4. Reduce impact on health and social care
5. Reduce impact on the wider economy from reduced productivity and people unable to work
6. Improve sustainability in the food system
7. Increase active travel

**Consultation Details:**

1. Public Health away-day – July 2019
2. Health and Wellbeing Board – September 2019
3. Bristol City Council healthy weight partnership group - October 2019
4. Going for Gold: Sustainable Food City conference – November 2019

**Background Documents:**

[Healthy Weight Declaration support pack](#)

[Public Health England – what good healthy weight looks like](#)

|  |  |   |  |
|--|--|---|--|
| <b>Revenue Cost</b>                          | n/a  | <b>Source of Revenue Funding</b>                | n/a  |
| <b>Capital Cost</b>                          | n/a  | <b>Source of Capital Funding</b>                | n/a  |
| <b>One off cost</b> <input type="checkbox"/> | <b>Ongoing cost</b> <input type="checkbox"/> | <b>Saving Proposal</b> <input type="checkbox"/> | <b>Income generation proposal</b> <input type="checkbox"/> |

**Required information to be completed by Financial/Legal/ICT/ HR partners:**

**1. Finance Advice:** There are no anticipated costs arising from this proposal. Any internal marketing costs will be borne within existing budgets.

**Finance Business Partner:** Neil Sinclair, 30.08.19

**2. Legal Advice:** The Health and Social Care Act 2012 requires each local authority must take such steps as it considers appropriate for improving the health of the people in its area. The steps that may be taken include providing information and advice; providing services or facilities designed to promote healthy living, providing financial incentives to encourage individuals to adopt healthier lifestyles; providing assistance to help individuals to minimise any risks to health arising from their accommodation or environment and providing or participating in the provision of training for persons working or seeking to work in the field of health improvement. The steps outlined in this report assist the authority in complying with this duty.

Equalities - the Public Sector Equality duty requires the decision maker to consider the need to promote equality for persons with “protected characteristics” and to have due regard to the need to i) eliminate discrimination, harassment, and victimisation; ii) advance equality of opportunity; and iii) foster good relations between persons who share a relevant protected characteristic and those who do not share it.

The Equalities Impact Check/Assessment is designed to assess whether there are any barriers in place that may prevent people with a protected characteristic using a service or benefiting from a policy. The decision maker must take into consideration the information in the check/assessment before taking the decision.

**Legal Team Leader:** Sarah Sharland, 29.08.19

**3. Implications on IT:** No expected implications for IT services.

**IT Team Leader:** Simon Oliver, 19.08.19

**4. HR Advice:** There are no significant implications for Bristol City Council employees as a result of these proposals.

**HR Partner:** Lorna Laing, 28.08.19

|  |                          |                   |
|--|--------------------------|-------------------|
| <b>EDM Sign-off</b>                                | [name] Christina Gray    | [date] 11.09.2019 |
| <b>Cabinet Member sign-off</b>                     | [name] Cllr Helen Godwin | [date] 02.10.2019 |
| <b>For Key Decisions - Mayor's Office sign-off</b> | [name] Mayor's Office    | [date] 07.10.2019 |

|   |            |
|---|------------|
| <b>Appendix A – Further essential background / detail on the proposal</b>       | <b>YES</b> |
| <b>Appendix B – Details of consultation carried out - internal and external</b> | <b>YES</b> |
| <b>Appendix C – Summary of any engagement with scrutiny</b>                     | <b>NO</b>  |
| <b>Appendix D – Risk assessment</b>   | <b>YES</b> |
| <b>Appendix E – Equalities screening / impact assessment of proposal</b>        | <b>YES</b> |
| <b>Appendix F – Eco-impact screening/ impact assessment of proposal</b>         | <b>YES</b> |
| <b>Appendix G – Financial Advice</b>  | <b>NO</b>  |
| <b>Appendix H – Legal Advice</b>  | <b>NO</b>  |
| <b>Appendix I – Exempt Information</b>  | <b>NO</b>  |
| <b>Appendix J – HR advice</b>   | <b>NO</b>  |
| <b>Appendix K – ICT</b>   | <b>NO</b>  |