

BRISTOL
ONE CITY

Healthier Together

Improving health and care in Bristol,
North Somerset and South Gloucestershire



Bristol

Health and Wellbeing

Strategy

2020-2025



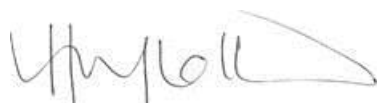
The Health and Wellbeing Board's vision is for citizens to thrive in a city that supports their mental and physical health and wellbeing, with children growing up free of 'Adverse Childhood Experiences', and the gaps in health outcomes between the most economically deprived areas and the most affluent areas of Bristol significantly reduced.

Bristol is known as a vibrant city and a great place to live; a city of opportunity. However, this is not the experience of many citizens. 20% of children live in poverty. Men living in most economically deprived 10% areas of the city live 9.6 years less with 14 years more in ill-health and women live 7 years less with 20 years longer in ill health than the least economically deprived 10% areas. Bristol has high average earnings, but the 10% highest paid are earning 6 times as much every week as the 10% lowest paid. This reality affects every aspect of health and wellbeing and life chances in the economically deprived parts of the city.

The Health and Wellbeing Board was established in 2013 and aims to improve health and wellbeing by providing a forum in which key health and care leaders can work together. It consists of elected members and leaders from public health, social care, the NHS and the voluntary and community sector. Connectivity to the other One City thematic Boards is crucial in order to address the 'social determinants of health'; the conditions in which people are born, grow, live, work and age.

This document sets out a strategic direction for the next five years, but it will be refreshed annually. Prioritisation has taken place in reference to:

- Health and Wellbeing Board [Plan on a Page](#)
- [One City Plan](#) health and wellbeing ambitions
- [Bristol Health Needs: 2020 Highlight Report](#)



Councillor Helen Holland



Dr Alison Bolam

Joint Chairs of Bristol Health and Wellbeing Board

Vision
For citizens to thrive in a city that supports their mental and physical health and wellbeing, with children growing up free of Adverse Childhood Experiences, and the gaps in health outcomes between the most economically deprived areas and the most affluent areas of Bristol significantly reduced

Approach
Grow positive health Prevent disease occurring
Protect from harms to health Reduce inequalities in health

Partnerships
One City approach – public, private and third sector partners in Bristol sharing an aim to make Bristol a fair, healthy and sustainable city
Healthier Together - health and care organisations in Bristol, North Somerset and South Gloucestershire, focussing on integrated services, prevention and early intervention

Statutory duties
Health and Wellbeing Strategy
Joint Strategic Needs Assessment
Pharmaceutical Needs Assessment
Oversight of Health and Care integration
Oversight of Special Educational Needs and Disabilities



Communities

In November 2019 a workshop was held to gain community perspectives on the strategic direction of the Health and Wellbeing Board. It was facilitated by Paul Hassan from Locality and attended by representatives from Southmead Development Trust, Healthwatch, BS3, the Thomas Pocklington Trust, WECIL, the Clinical Commissioning Group, Public Health and the Health and Wellbeing Board.

Below are the suggestions made at the workshop and actions taken by the Board.

- Need a clear description of the role and purpose of the Board
 - Written; included in strategy (see above) and uploaded to [webpage](#)
- Reports should ask that the Board addresses what actions individual members and it collectively can take
 - Already in the Paper template; will be checked in review process
- Reports to state links with other plans e.g. NHS Long Term Plan
 - Already in the Paper template; will be checked in review process
- Reports should include evidence of community engagement and co-production. Need to go out and engage with different groups, not just VCSE organisations, and utilise Voice & Influence Partnership, Healthwatch and citizens panels. Should always feedback to those groups at a later date
 - Added to Paper template, 'Describe engagement with communities and any co-production.' Will be checked in review process
 - Board to hold annual communities event
- At least one report per formal Board to be brought by a non-public sector organisation on a topic on or relevant to the Board's plan
 - Where relevant to the One City Plan – to be added to Terms of Reference at next refresh
- Wider dissemination of outcomes from formal meetings and development sessions
 - Via the One City website, as is it developed
- Clear map of the whole system needed
 - Will be updated and added to webpage

Priorities

Healthy childhoods

One City Plan: 2020 ambition - Bristol is on the way to becoming an [Adverse Childhood Experience \(ACE\)](#) Aware city with 20% of the public sector workforce trained in trauma informed practice

Priority indicators - % of children achieving a good level of development by the end of reception; % of children living in low income families; number of first time entrants to the youth justice system per year

Healthy bodies

Priority indicators:

- Healthy weight – % child and adult obesity, difference in % obesity between most and least deprived areas of Bristol
- Smoking - % of households with a smoker, % of Bristolians who smoke, % of women smoking during pregnancy, % routine and manual workers who smoke
- Substance use – number of dependent drinkers, number of opiate/crack users, number of drug related deaths per year, number of alcohol related hospital admissions

Work-streams include **Alive Bristol: healthier people and places**; Substance use strategy; targeted smoking cessation support

Healthy minds

One City Plan: 2020 ambition - 50 organisations will have committed to adopting and implementing the Mental Health at Work core standards

Priority indicators: number of people admitted to hospital for deliberate self-harm; number of deaths due to suicide per year

Work-streams include **Thrive Bristol: Improving mental health for all**; Healthier Together Mental Health Strategy

Healthy places

One City Plan: 2020 ambition - An updated community and cross-sector approach to tackle hate crime has been adopted across the city to help agencies coordinate prevention activities and reduce hate crime

Priority indicators: number of violent crimes; number of domestic abuse crimes; % public sector fleet non-fossil fuel; % of fuel poor households

Work-streams include Preventing Youth Violence Board; Fuel poverty action plan; One City Climate Strategy; Health Protection Annual Report

Healthy systems

[Integrated care system](#)

One City Approach - Themes: Health and wellbeing, Homes and communities, Environment, Learning and skills, Economy, Connectivity