

# Bristol CAMHS HOSC December 2022



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# CAMHS services

- The Child and Adolescent Mental Health Services (CAMHS) assesses and treats young people with emotional, behavioural or mental health difficulties. CAMHS covers Bristol, North Somerset and South Gloucestershire. We consist of:
  - Mental Health Support teams in schools
  - [Off The Record](#) and [Kooth](#)
  - Primary Mental Health Specialists
- Community CAMHS
- CAMHS Intensive Outreach Team (CIOT)
- Eating Disorder services
- A range of specialist services – Be Safe, Learning Disability, Youth Offending Team, CAMHS Children in Care service, Substance Misuse
- Riverside Inpatient unit



*Early interventions*



# CAMHS Transformation

## NHS Long term plan

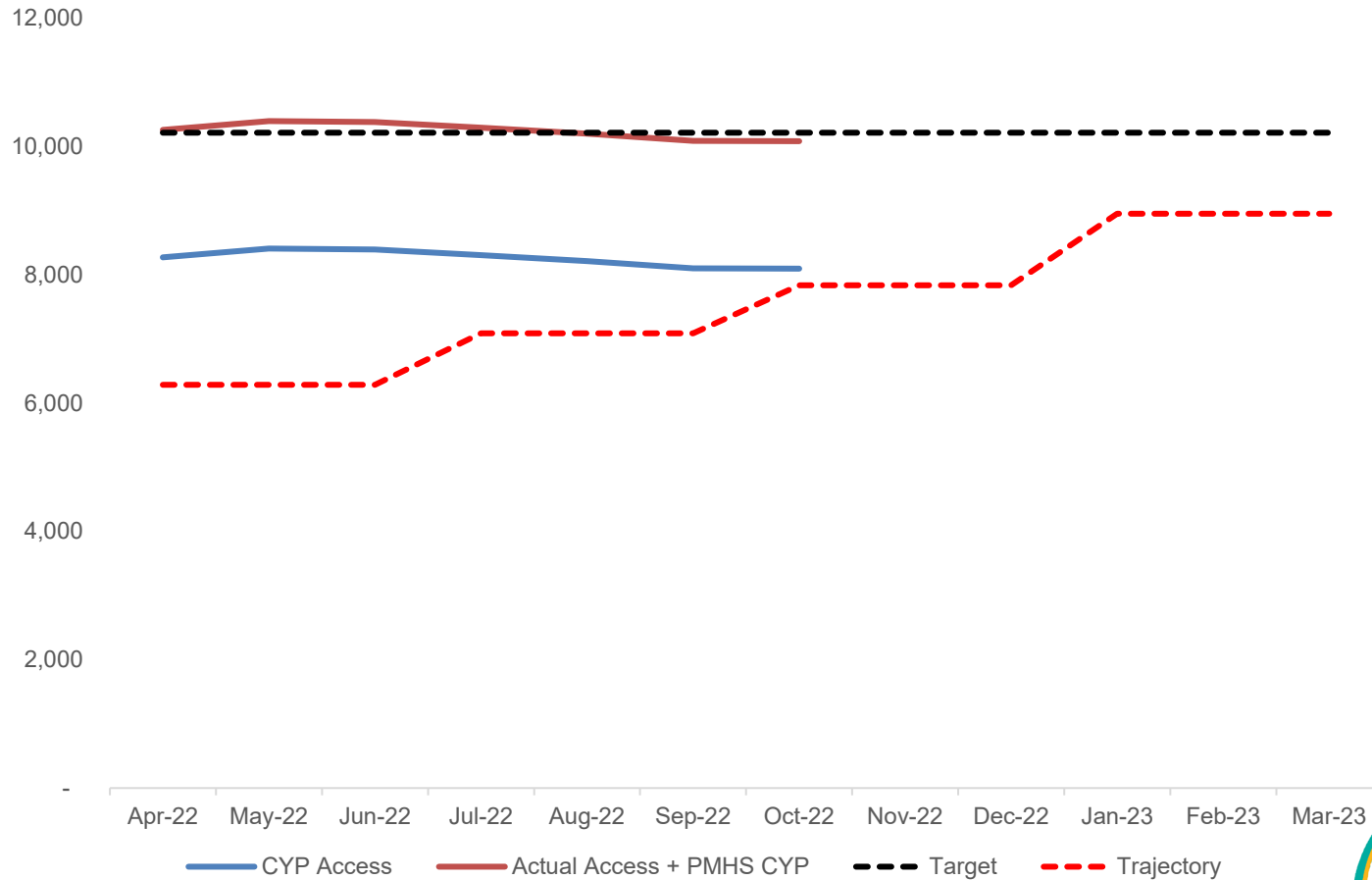
Additional **£1.4m** to expand mental health services for children and young people over five years to:

- Increase **access to services**
- Develop **mental health support teams** in schools
- Increase **community eating disorder** services
- Expand **CAMHS crisis** services
- Improve **transition to adult** services



# BNSSG CAMHS Access Rate

2022-23 CYP Access (Rolling 12 month 1 contact)



# Mental Health Support Teams

- Provide support to children and young people age 5-18 with mild to moderate mental health issues
- Delivers evidence based 1:1 interventions for anxiety, low mood and exam stress
- Whole school approach: workshops, assemblies, training and resources
- 50% coverage of schools through 10 teams in BNSSG by 2024
- 4.5 teams identified for Bristol in schools identified as high need by Public Health
- “Since you have been working with her she has been coming more out of herself. I’m proud of you in what you achieved with her – thank you” (parent)



# Eating Disorder Demand

- Presentations have significantly increased – a national trend
- Investment in an Intensive Community Eating Disorder Team
- Pilot to support young people who require Naso-Gastric feeding
- Two Key Performance Indicators being met:
  - 7 day assessment for urgent referrals
  - 28 day assessment for routine referrals
- BNSSG service recognised as an area of good practice and will be supporting the South West Region to improve the Eating Disorder Pathway



# Asylum Refugee Clinic

- The Asylum and Refugee Clinic (ARC) provides mental health support for children and young people (CYP) who are seeking asylum or have refugee status in BNSSG
- A trauma service accepting referrals for CYP who arrive in the UK with family or unaccompanied and are experiencing post traumatic stress disorder (PTSD) symptoms
- 1 year pilot – agreed funding 2023



# Equality, Diversity and Inclusion

- Improving access to CAMHS for BAME communities Quality Improvement Project
- Review of data
  - Higher referrals from those in highest deprivation
  - BAME young people are referred/accessing the service
- Positive action recruitment to support increased diversity of the workforce
- Staff training and awareness
- Support through Royal College of Psychiatry Advancing Mental Health Equalities Project – focus on coaching and co-production
- **Future developments**
- Employing community development workers
- Self-referrals



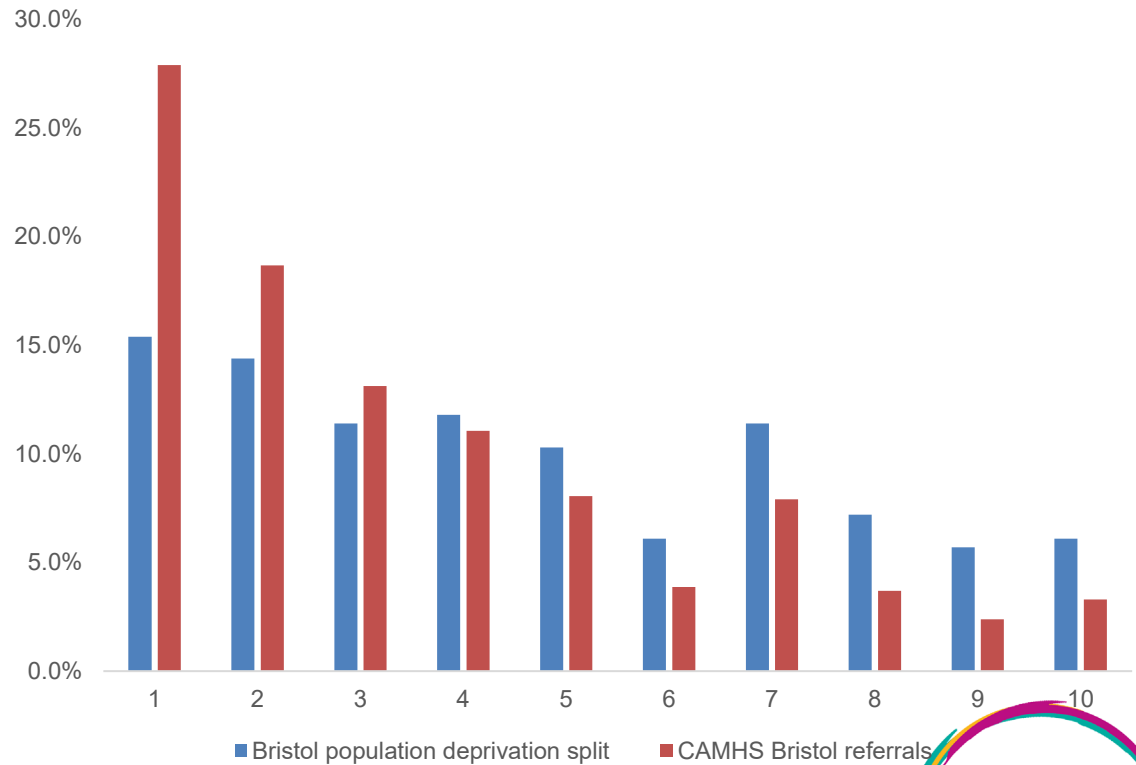


# Bristol CAMHS referrals Nov 21 to Oct 22

## % of referrals by local deprivation split

Bristol deprivation referrals

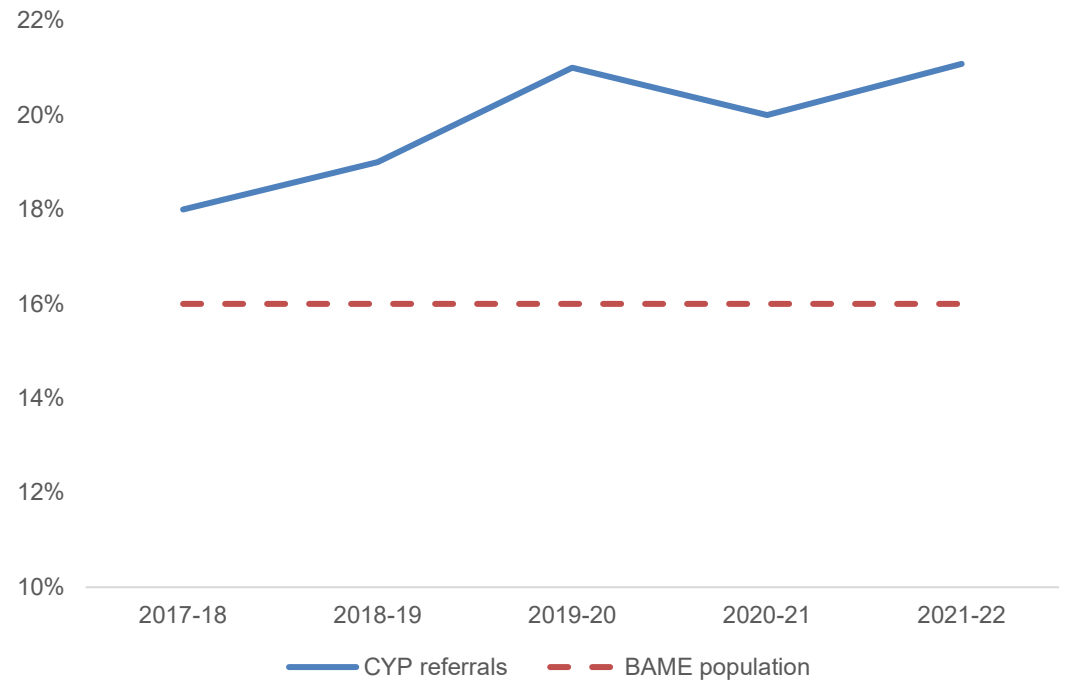
	Bristol population deprivation split	CAMHS Bristol referrals
1	15.4%	28%
2	14.4%	19%
3	11.4%	13%
4	11.8%	11%
5	10.3%	8%
6	6.1%	4%
7	11.4%	8%
8	7.2%	4%
9	5.7%	2%
10	6.1%	3%



# Referral ethnicity breakdown

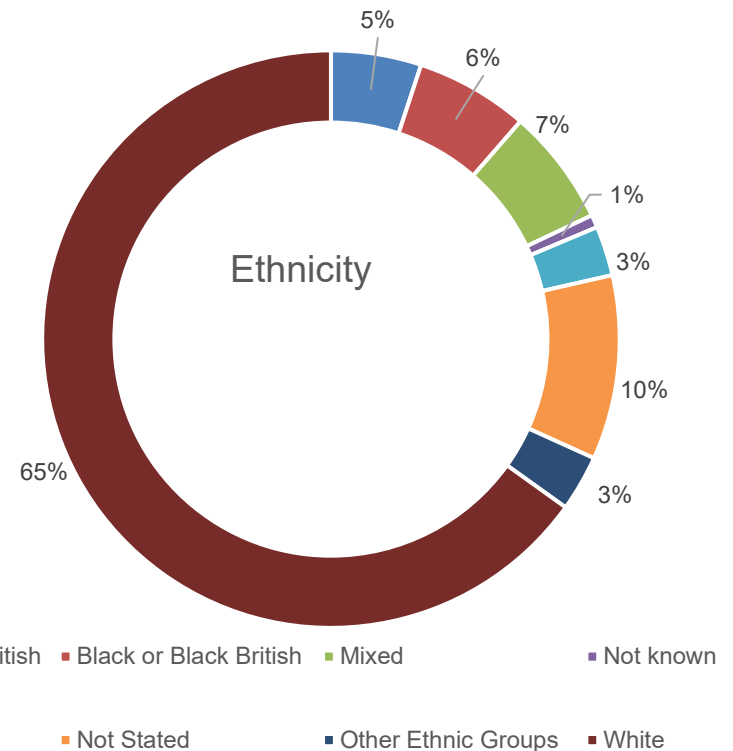
Ethnicity	Bristol population	All CAMHS referrals	Accepted referrals
BAME	16%	21%	79%
White	84%	65%	86%
Not known		14%	80%

CAMHS BAME referrals



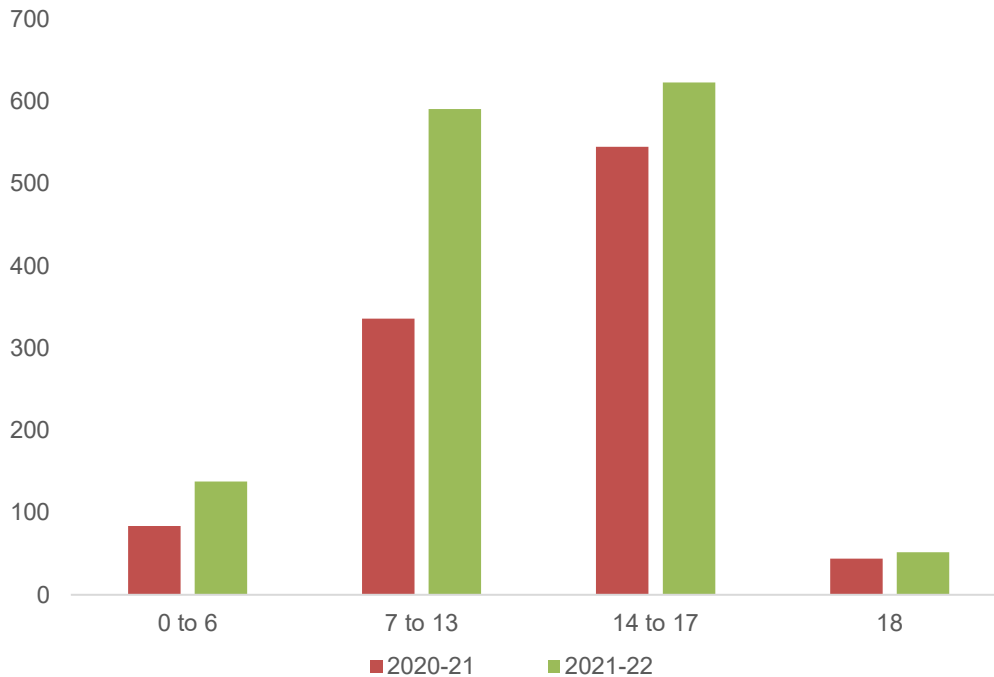
# Referrals demography Bristol CAMHS

Ethnicity of Bristol referrals	
Asian or Asian British	5%
Black or Black British	6%
Mixed	7%
Not known	1%
Not recorded	3%
Not Stated	10%
Other Ethnic Groups	3%
White	65%

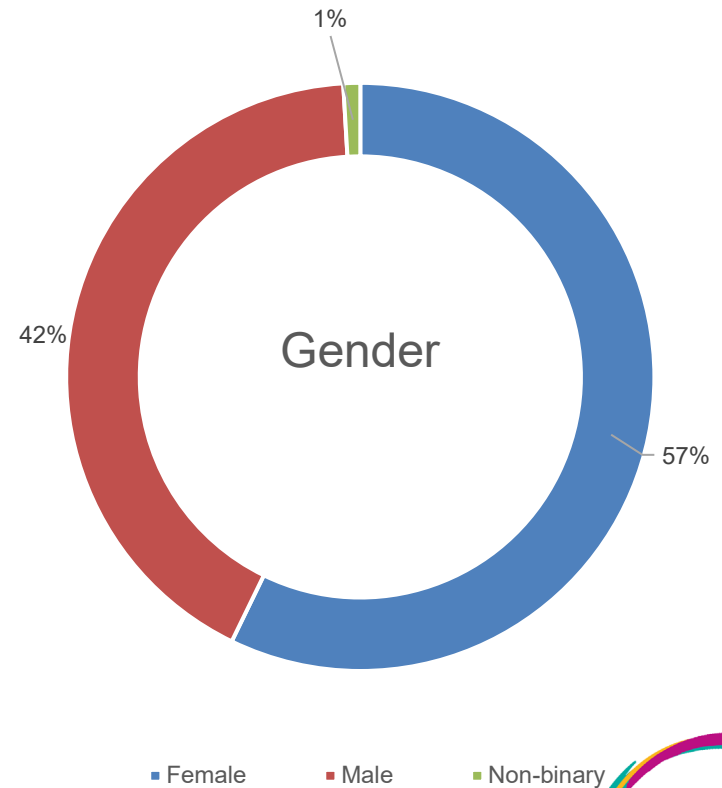


# Referrals demography Bristol CAMHS

### Age



### Gender



# Tier 4 service – Riverside

- Refurbishment was completed July 2021
- Expanded to be able to provide 12 inpatient beds and 4 day patient places
- Due to investment in community CAMHS services the demand for inpatient beds has significantly reduced (regional position)
- Young people are now better able to be treated at home
- Access to a General Adolescent Bed is fully available without delay
- BNSSG ICB Business Case successful to develop a new Tier 3+ service in Bristol and South Gloucestershire



# Thank you

