Better Care Bristol
and the
Three Tier Conversation
People Scrutiny Committee
20 October 2016
Aims for this briefing

• Clear understanding of Better Care Bristol
• Knowledge of the Sustainability & Transformation Plan and how it links together
• How we developed the Three Tier Model, taking a whole system approach
What is Better Care?

• Better Care is a national requirement set out by government to deliver the integration of health and social care for adults.
• Better Care Bristol is our local response to this national requirement.
• Integration planning.
• It has specific projects focused on the integration and whole system approach to health and social care for adults.
• It has a specific fund attached to it, which is overseen by NHS England, with specific metrics and targets against it.
Governance Arrangements

Health & Wellbeing Board

Leadership and Authorisation across the System
Health Equalities / Prevention

Better Care Commissioning Board (adults)

Agree & Authorise System Delivery Model
Responsible for governance / finance / process / assurance

Better Care Transformation Programme Board

Develop Better Care Fund Schemes
Develop QIPP / Transformation Scheme
Develops and Tests ideas
Better Care Bristol will:

• drive the transformation of care and reduction of inequalities by establishing **integrated local services where health and social care resources are brought together in a coherent, locality model**, targeting resources where the need is greatest

• drive **prevention and self-care.** Working on key priority areas, we will help people to manage their lives well, stay healthy and avoid deterioration. We will promote independence and help people and their carers to manage conditions once they are established

• design and put in place **integrated pathways that support people in managing conditions from the earliest indications through to severe and complex needs.** Through these we will deploy resources, at whatever point they are most relevant
The Better Care Fund

- National Programme to support the integration of health and social care for adults
- Better Care Bristol Pooled Fund is £42m, (consisting of £29m from Bristol CCG and £13m from Bristol City Council) to deliver the integration agenda and meet the national requirements
The Better Care Bristol Ideas

- Community webs and social prescribing
- Integrated nursing pilot
- Multi Disciplinary Team approach
- Single Point of Access (Integrated Professional Line) and front door streaming at UHB
- Investments in Social Care to support system flow including front door and discharge
- Discharge to Assess - significant whole system approach working to reduce DToC
- Integrated approach to reablement
- Information Advice and Guidance – whole system approach
1. Approved the approach to the Section 75 Agreement 2016/17 for Bristol’s Better Care Fund noting the detail of:
   – financial implications
   – risk share / overspend / underspend arrangements
   – proposals for a DTOC action plan and risk share arrangements

2. Delegate authority to Chief Accountable Officer (CCG) and Strategic Director, People (Council) to sign off any final changes to the Section 75 Agreement for submission to NHS England by 30 June 2016

3. Note for information the final narrative submission for Bristol’s Better Care Plan 2016/17

4. Agreed the Better Care Bristol Vision
The Sustainability and Transformation Plan

Across the Bristol, North Somerset and South Gloucestershire (BNSSG) region
**Key Principles**

Five key drivers that will enable us to develop and implement a sustainable health and care system for our population:

1. **Standardise and operate at scale**
   - Reduce variation
   - Reduce fragmentation
   - Work at scale
   - Develop single commissioning voice
   - Increase collaboration

2. **Develop system-wide pathways**
   - Address variation in pathways
   - Include prevention and self-care at all stages
   - Ensure consistent quality and access across BNSSG

3. **Develop a new relationship with our population to simplify access to the health and care system**
   - Deliver services predominantly in the community
   - Enable people to care for themselves
   - Development single point of access, multi-disciplinary teams
   - Focus on prevention and early intervention

4. **Develop a new relationship between organisations and staff**
   - Remove organisational barriers to encourage integrated working
   - Support staff to deliver better services
   - Develop interoperable IT and HR systems
   - Align resources
   - Promote health and wellbeing of staff

5. **Build on existing digital work as a driver and enabler of cultural change**
   - Use technology to drive a cultural change in the way we work
   - Develop mobile working for staff, digital medical records and solutions for self-care and prevention

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Better Care Bristol
STP – Three Work Areas

• Prevention, Early Intervention & Self Care
• Integrated Primary, Community & Social Care
• Acute Care Collaboration
The Local Authorities

Established Local Authorities Planning Group
• Meeting regularly, to ensure effective and coordinated contribution to STP process and outcomes.
• We are working together, across all STP work streams, on short and long term priorities

Exploring and developing opportunities for collaboration
• Adult social care workforce development: joint efforts to develop social care capacity and integrated teams; 7 day working
• Integrated discharge services/processes: working to support older people’s urgent care system
• Care pathway opportunities: e.g. shared working to develop stroke prevention
• Single point of access: a shared understanding
• Shared commissioning where possible, e.g. community equipment

Working towards a single health and social care integration plan
• A joint approach to Better Care across BNSSG
“Problems should be dealt with at the most local level consistent with their solution”
The Three Tier Model
The Challenges

- More people are living for longer
- Dramatic increase in over 85’s (21% over 10 years)
- Care Act 2014
- Transfer of the Independent Living Fund
- Deprivation of Liberty Safeguards
- Requirement for integration
- This is not just Bristol – whole system issue that crosses boundaries
Developing the Three Tier Model

- Research from other authorities who have already done this
- Customer Insight work
- Test and learn approach – Innovation Sites
- Evidence is that this works!
Promoting Wellbeing

Early Help and Prevention, enabling people to live more independently for longer

Directing people to lower cost options and solutions

Delaying or avoiding the need for more intensive, higher cost care and support

Help to Help Yourself (Tier 1)
Accessible, friendly, quick, information, advice, advocacy, universal services to the whole community, prevention

Help when you need it (Tier 2)
Immediate help, could be short term, avoiding admission or longer term, transition from child to adult services or disabled adult leaving parental home. Minimal delays, no presumption about long-term support, goal focussed

Help to Live Your Life (Tier 3)
Self directed, personal budget based, choice and control, highly individualised

Safeguarding

Right skills, right people
Findings from Innovation Sites

• Productivity
• Practitioners
• Citizen satisfaction
• Outcomes
Outcomes

Comparison of baseline and Innovation sites by % spread of services

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<th>Tier</th>
<th>Baseline Data</th>
<th>Innovation Sites</th>
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<td>Tier 3</td>
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## CQC Inspections

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Quality of services

- CQC role
- Bristol response
- Quality Assurance Team
- Care Home Support Team
- Controls and tools
Whole system approach

- Social Work teams located within Bristol Royal Infirmary and Southmead Hospital to support an average of 15 – 20 discharges per week.
- Integrated Working
- Discharge to Assess