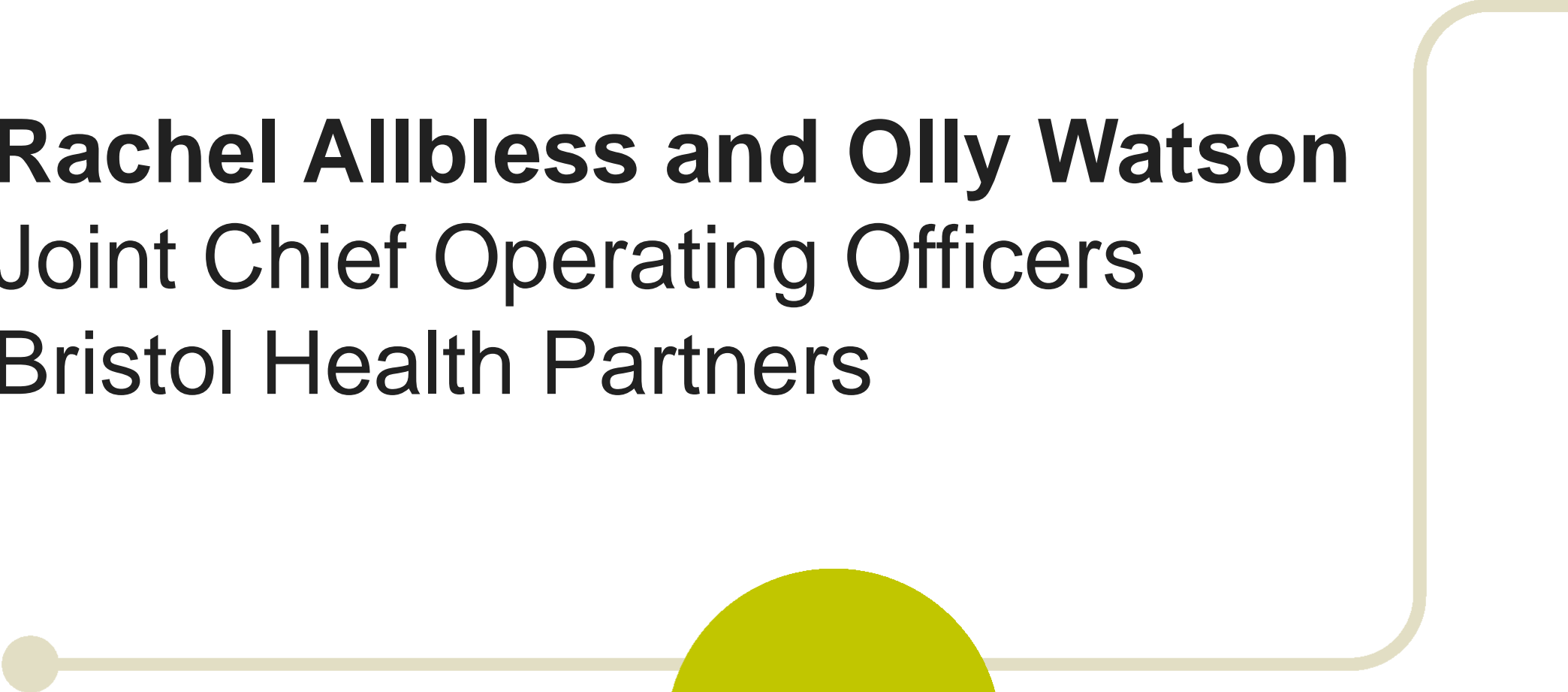

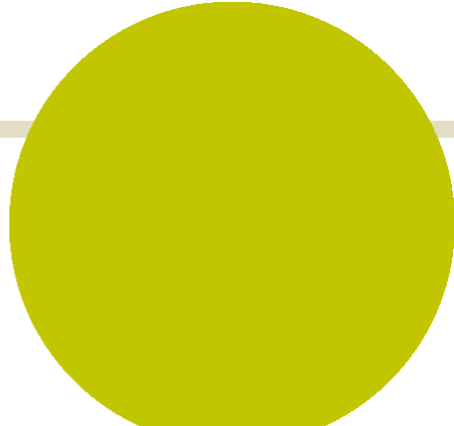

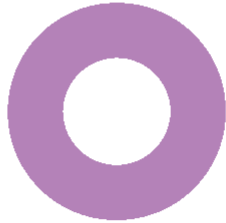




Bristol Health Partners



Rachel Allbless and Olly Watson
Joint Chief Operating Officers
Bristol Health Partners

We are a collaboration between local health and care organisations.



Avon and Wiltshire Mental Health Partnership NHS Trust
Bristol, North Somerset and South Gloucestershire
Integrated Care Board
NHS Blood and Transplant
North Bristol NHS Trust
University Hospitals Bristol and Weston NHS
Foundation Trust

**Bristol Health
Partners**





What is a Health Integration Team (HIT)?

A group that brings together health and care professionals, managers, researchers and the public to tackle local health and care priorities.



Health Integration Teams

Chronic health conditions

- Dementia
- Musculoskeletal disorders
- Movement disorders
- Chronic pain
- Kidney disease
- Stroke

Equitable, appropriate and sustainable health and care

- Adversity and trauma
- Supporting healthy neighbourhood environments
- Bladder and bowel confidence

Mental health

- Psychological therapies in primary care
- Psychosis
- Eating disorders
- Preventing self-harm and suicide
- Perinatal mental health

Public health interventions

- Improving sexual health
- Immunisation and vaccines
- Active lives
- Drug and alcohol
- Healthy weight

Dementia HIT

Improving culturally appropriate dementia support to people from South Asian communities.

- Developed a new Carers' Hub for East and South East Asian people caring for those with dementia
- Established singing and performance programme for Dhek Bhal's Elderly Women's Group
- Supported roll-out of new toolkit for health professionals to support people from South Asian communities



Stroke HIT

Supported restructure of Stroke services in BNSSG

- improved **approach to community stroke services**: public contributors were key players in negotiations with local voluntary sector stroke care organisations to develop a successful enhanced and collaborative bid to run rehabilitation services in the community.
- improved **accessibility to the Public Consultation** by championing the need for information in range of formats and languages, including ensuring that people with aphasia were able to contribute
- increased awareness of **digital innovations** to support service redesign

“the HIT has been fundamental to the success of this programme” – Programme Board Chair



Bladder and Bowel Confidence HIT

Working in partnership with Somali women to open a new, culturally inclusive continence service in Inner City & East Bristol.

Sirona Health Links, community partners and HIT members identified and addressed barriers.

Opened new clinic (sustainably funded)

Developed [culturally appropriate animation](#) and leaflets to promote continence

“This service will help the community a lot. It will show them it’s time to do something for yourself. You might have put other people first all your life, but now this is something you have to do for yourself and for your health.”

The HIT provided a unique network and leadership to **attract funds** for this community partnership, ensured connections to **academic expertise** and gives an **ongoing structure** for the work to be shared, evaluated and replicated in other areas.



Our place in the health and care system

- We provide the system's Research and Innovation Steering Group – which all HITs report to
- We merge HITs with system groups where there is added value to do so
- We meet regularly with the City Office to align our work
- Many of our HIT Directors are Public Health Consultants and other senior leaders in the local system
- We work closely with BCC Adult Social Care, Public Health, Transport and Community development teams

Find out more



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Twitter/X: @BristolHealthP

**Bristol Health
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